



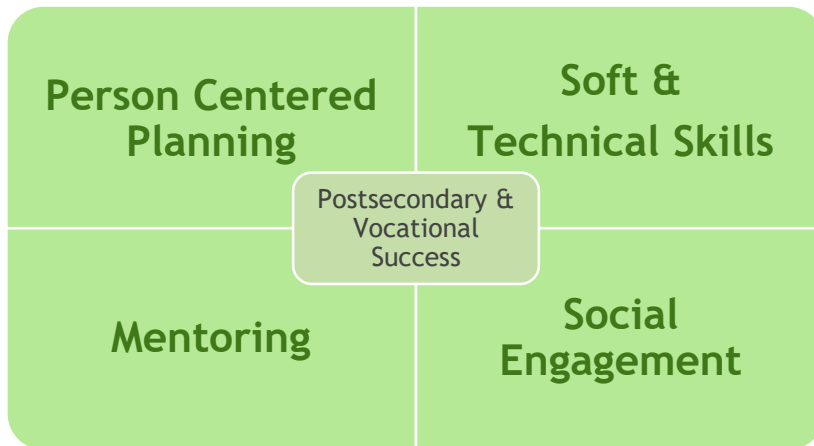
Who are we?



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"Empowering persons with all types of disabilities to achieve independence"



Postsecondary Job Training Program

Credit

Noncredit

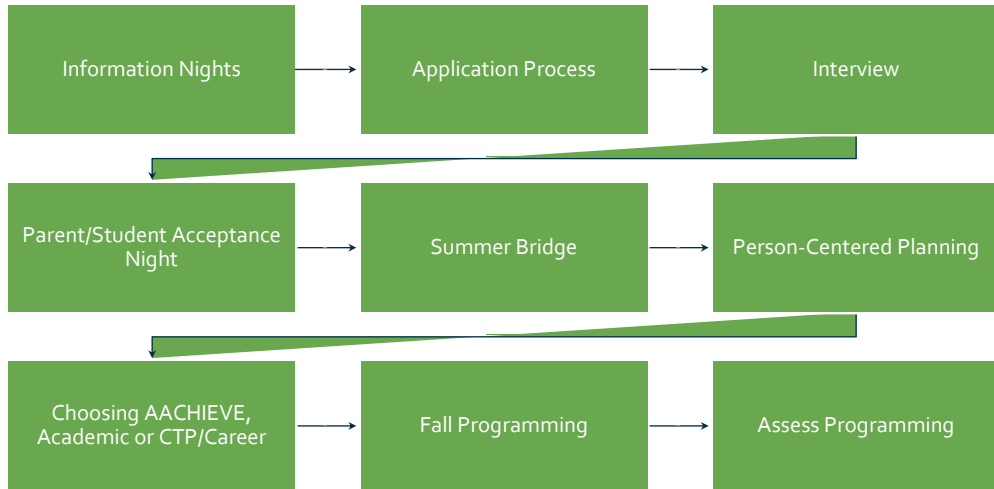
Students choose from any program offering or create their own

SEED Program Tracks

SEED AACHIEVE (For Students with Autism)	SEED Academic / Degree Seeking	SEED CTP / Career Track
Cost = \$3000/semester	Cost = \$4500/semester	Cost = \$6400/semester
5-7 Indiv con hrs/week	8-12 Indiv con hrs/week	15-20 Indiv con hrs/week
<ul style="list-style-type: none"> • Assistance with classroom concerns • Campus & community training for all departments • Collaboratively work with career development for employment skills (resume writing, interviewing, career etiquette, etc.) • Connect with faculty • Daily/weekly coaching (as needed) • Individual meetings for skill building and/or problem-solving • Internship coaching • Internship placement assistance • Social groups and/or mentors (as requested) • Structured study lounge • Study skill strategies • Training and strategy tutoring (as needed) 	<ul style="list-style-type: none"> • Daily/weekly coaching (required) • Individualized instruction • Job shadow/Work experience • Social groups and/or professional/peer mentors • Structured Study Lounge • Training and strategy tutoring 	<ul style="list-style-type: none"> • Access to credit/noncredit courses toward vocational training (20 hours/week min. programming) • Individualized curriculum • Job shadow/Work experience • Full peer integration • Required pre-employment skills classes • Daily/weekly coaching (required) • Individual meetings for skill building and/or problem-solving • Individualized instruction • Social groups and/or professional/peer mentors • Structured Study Lounge • Training and strategy tutoring

All of these PLUS 

Process



Let's hear from parents



<https://www.youtube.com/watch?v=zgNqurBFJ20&index=2&list=PLZS6L3kqQtginSzZXFBUogULI3X6tj2BP>

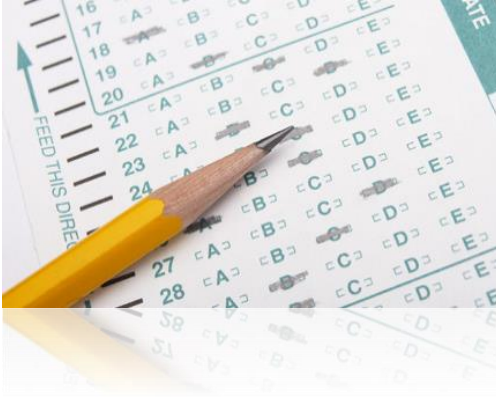


**Encourage social connections and
other campus-wide activities**



Career training happening both hands-on and in class





Workshops

- Stress Management
- 5 Step/5 Day Study Plan for Tests
- Essay Test Success Tips
- Objective Test Success Tips
- Final Exam Organization/Prep Plan



Healthy Cooking Workshop

Thursday, January 19th: 10 AM – 12 PM

- Join LVCIL in welcoming Casey Fox, a registered dietitian, from the Food Trust on January 19th to learn how to prepare delicious and healthy foods! Learn low cost cooking ideas and tasty nutrition tips. Fun hands on cooking, learning, and of course tasting will be provided!
- Únase a LVCIL para dar la bienvenida a Casey Fox, dietista registrado, del Food Trust el 19 de enero para aprender a preparar alimentos deliciosos y saludables. Aprenda ideas de cocina de bajo costo y sabrosas sugerencias nutricionales. Las manos de diversión en la cocina, el aprendizaje, y por supuesto la degustación se proporcionará!

Please RSVP to attend this event by January 16th 2017

Contact Rebecca Dubin at 610-770-9781 ext. 115 or rebeccadubin@lvcil.org

Understanding Relationships



Saturday, February 25th: 1PM – 3PM

- Join LVCIL in welcoming Jena Gant for a workshop on "Understanding Relationships" on February 25! Join Jena at LVCIL for an opportunity to learn about different types of relationships, how to identify unhealthy relationships and how to build healthy relationships.

Please RSVP to attend this event by February 20th 2017

Contact Rebecca Dubin at 610-770-9781 ext. 115 or rebeccadubin@lvcil.org

*Please note any accommodations you may need during registration. Personal care attendants and/or additional support staff must be provided by the participant, if needed. LVCIL staff are not able to serve as PCA or support staff.

713 N. 13th Street
Allentown, PA 18102

Lehigh Valley Center for Independent Living Workshops

**Peer Activity
Facilitator**

PL



of success