

Student: _____

Date: _____

For Lesson: _____

Observer: _____

Seven Component Elements of Self-Determination

Construct	Performance Indicators	Pre-Test (+/-)	Post-Test (+/-)	Comments
Self-Awareness	demonstrate positive attitude toward self as a unique person			
	describe physical and personal traits			
	illustrate or list strengths/ activities one can do well (without verbal prompts)			
	identify and express feelings			
	illustrate or list challenges (without verbal prompt)			
	identify persons important to them			
	care for personal possessions			
	states and describes visual condition			
	explains implications of visual condition			
	state likenesses and differences between themselves and others			
Self-Advocacy	Totals for Self-Awareness			
	tolerates wearing glasses or other adaptive devices			
	demonstrates judgment in determining when to try something new independently			
	informs when he can do something independently or does not want assistance			
	identifies when a piece of adaptive equipment is not functioning properly			
	when appropriate, informs a person that he visually impaired and needs assistance			
Choice Making	Totals for Self-Advocacy			
	identify possible consequences of decisions and goal setting process			
	discuss how behavioral choices affect the actions of others			
	identify ways to contribute to class-room goals			
	state personal goals			
	Totals for Choice Making			
	able to complete classroom assignments			
	asks for help appropriately and when needed			

Self-Management	demonstrates a willingness to try new activities			
	engages in new task without verbal encouragement from teacher			
	initiate and complete school assignments within the allotted classroom time			
	Totals for Independent Performance			
Self-Knowledge	offers verbal feedback after completing activity			
	states how one felt after finishing product			
	gives personal perspective of completed work			
	demonstrate academic self-confidence			
	demonstrate pride in work and achievement			
	Totals for Self-Evaluation			
Decision Making	describe decisions one may make			
	develop plans for specific activities			
	Totals for Decision Making			
Goal Setting	describe steps in planning, decision making, and goal setting process			
	Totals for Goal Setting			

Christina von Reyn (2011): rubric compiled from Tennessee School Counseling & Career Guidance Standards: K-2 (2005), Assessment & Ongoing Evaluation (Texas School for the Blind & Visually Impaired, 1992), and Lane, Carter, & Sisco (2012) Paraprofessional involvement in self-determination instruction for students with high-incidence disabilities.